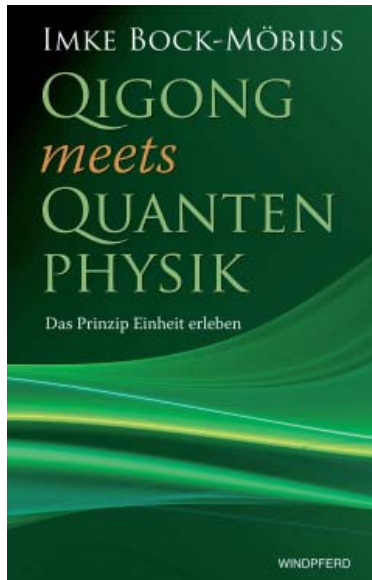


Qigong Meets Quantum Physics

by
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Reconcile Body and Spirit – Head and Heart

Overcoming separation from the highest creative principle.
A compact explanation of quantum physics and a clear description of qigong in the context of mysticism. Of great value for anyone interested in the art of movement, as well as in the methods of realization.

Quantum physics has arrived at a junction, similar to mysticism; there is a very clear understanding of something that can be communicated only in parables. Qigong, with its daoistic context, offers a useful way of reconciling these seemingly opposing methods of realization, thus restoring union on a small scale, in everyday life. By means of quantum physics for pedestrians and mysticism beyond the mists, qigong succeeds in making you experience the principle of union.

Having graduated in physics, **Imke Bock-Möbius** studied Chinese language and philosophy in China and began a training in qigong, which she completed in the West. She lectures and instructs qigong, practices Shiatsu and is trained in energy and light-work.